

AID STATION CHART

Start /Aid Station/Finish	LEG	TOTAL	AID Open/Close	Drop Bags	Crew	Pacer	Cutoff Times
Lake Cuyamaca	0	0	Start at 6:00 am	YES	YES		Friday @ 6:00 am
1. Paso Picacho	7.5	7.5	6:30 am / 8:30 am	NO	NO	NO	Friday @ 8:30 am
2. Chambers	5.0	12.5	7:30 am / 10:45 am	NO	NO	NO	Friday @ 10:45 am
3. Sunrise 1	8.5	21	8:45 am / 12:30 pm	YES	YES	NO	Friday @ 12:30 pm
4. Pioneer Mail 1	7.2	28.2	10:00 am / 3:00 pm	YES	YES	NO	Friday @ 3:00 pm
5. Pine Creek	8	36.2	11:15 am / 5:15 pm	NO	NO	NO	Friday @ 5:15 pm
6. Penny Pines 1	7.6	43.8	1:00 pm / 8:00 pm	YES	NO	NO	Friday @ 8:00 pm
7. Meadows	5	48.8	1:45 pm / 9:30 pm	NO	YES	NO	Friday @ 9:30 pm
8. Red Tailed Roost*	6.2	55	2:45 pm / 11:30 pm	YES	YES	NO	Friday @ 11:30 pm
10. Cibbets Flat **	9	64	4:00 pm / 2:15 am	YES	YES	YES	Saturday @ 2:15 am
11. Dale's Kitchen	7.7	71.7	5:00 pm / 5:00 am	NO	NO	YES	Saturday @ 5:00 am
12. Todd's Cabin	3.6	75.3	5:30 pm / 6:00 am	NO	NO	YES	Saturday @ 6:00 am
13. Penny Pines 2 ***	5	80.3	6:15 pm / 7:15 am	YES	NO	YES	Saturday @ 7:15 am
14. Pioneer Mail 2	4	84.3	7:00 pm / 8:30 am	YES	YES	YES	Saturday @ 8:30 am
15. Sunrise 2	7.2	91.5	8:15 pm / 11:15 am	YES	YES	YES	Saturday @ 11:15 am
Lake Cuyamaca Finish	9.0	100.5	10:00 pm / 2:00 pm	YES	YES	YES	Saturday @ 2:00 pm

* Pacer may start with runner at Meadows if runner leaves Meadows after 8:00 pm

** Crews and pacers must walk 1/2 mile to aid station from parking along Kithchen Creek Rd

*** Pacer may be dropped off at Penny Pines 2 but this is not a crew accesble aid station

One drop bag per runner for the double pass aid stations, eg, Sunrise, Pioneer Mail and Penny Pines